

# DEPARTMENT OF DERMATOLOGY GOVT. MEDICAL COLLEGE KATHUA

## GENERAL INTRODUCTION ABOUT THE DEPARTMENT

- ➤ The Department of Dermatology had informal beginning in 2019.
- ➤ The department runs regular out-patient excluding Sunday and indoor services for general patients and in-patient services and multiple Specialty clinics alongwith Community services, Consultation liaison services and Emergency services. The clinical services offered by the department include:-
  - ✓ Providing highest quality treatment and care to the patients presenting with skin, hair and nail disorders.
  - ✓ Evaluation of patients presenting with leprosy, its reactions and providing them treatment in collaboration with District Leprosy Center.
  - ✓ Counseling the leprosy patients presenting with disabilities.
  - ✓ Providing treatment for Sexually Transmitted Diseases and counseling them regarding safe sexual practices.
  - ✓ Providing aesthetic procedures for pigmentary disorders, scars, hair restoration.

## **OUR VISION**

- > To provide new standard of full- spectrum dermatological care using the latest techniques with an emphasis on patient care.
- > To be a multi- specialty dermatology unit equipped with utmost advanced and latest technologies.

### **OUR MISSION**

- > Provide high quality dermatologic care with compassion and professionalism.
- > To provide specialized medical and surgical care to patients with diseases of the skin, hair and nails.
- > Introduce, develop and refine the clinical skills necessary for dermatology residents to master the art and science of dermatology.

## **SERVICES AVAILABLE IN THE DEPARTMENT:**

- Outpatient department:
- ➤ General OPD:

## > Therapeutic Procedures:-

- ✓ Electrocautery
- ✓ Chemical Cauterization.
- ✓ Nail Surgeries.
- ✓ Cyst Removal
- ✓ Chemical Peels
- ✓ Acne Scartreatment
- ✓ Mole excision
- ✓ Platelet Rich Plasma therapy.
- ✓ Platelet Rich Fibrin therapy.
- ✓ Intralesional therapies.
- ✓ Immunotherapy
- ✓ Vitiligo Surgeries (Suction Blister Grafting, Punch grafting, Split Thickness Grafting)

# Diagnostic Procedures:-

- ✓ Skin Biopsy
- ✓ KOH Examination
- ✓ Gram's Stain
- ✓ Tzanck Smear
- ✓ Wood's Lamp Examination.

## **FACULTY**

- 1. **Dr. <u>ARTI SAKRAL</u>** (Assistant Professor, Department of Dermatology MBBS (GMC JAMMU), MD Dermatology (GMC Jammu)
- 2. **Dr. SUNAKSHI JANDIAL** (Senior Resident, Department of Dermatology) MBBS (ASCOMS HOSPITAL) MD DERMATOLOGY (GMC JAMMU)
- 3. **Dr. SAROJ KUMARI** (Senior Resident, Department of Dermatology) MBBS (GMC JAMMU) MD DERMATOLOGY (GMC JAMMU)

### LIST OF BOOK IN THE LIBRARY:

S No	Book Name	Author
1	FITZPATRICK'S DERMATOLOGY, 9 E/D, 2 VOLS	SEWON KANG
2	MEDICINE UPDATE 2020 2 VOLUMES +	ARULRHAJ
	PROGRESS IN MEDICINE 2020 VOLUME 30, 2020	
3	ROOKS TEXTBOOK OF DERMATOLOGY, 9 E/D,	GRIFFITHS
	4-VOL	
4	LEVER'S HISTOPATHOLOGY OF THE SKIN 11	ELDER
	E/D	
5	IADVL TEXTBOOK OF DERMATOLOGY, 4 E/D , 3-	SACCHIDANAND
	VOLS SET	

S No	Book Name	Author
6	IAL TEXTBOOK OF LEPROSY, 2 E/D	KUMAR BHUSHAN
7	DERMATOLOGY, 4 E/D, 2-VOLS	BOLOGNIA
8	BICKERSTAFF'S NEUROLOGICAL EXAMINATION	PRASAD
	IN CLINICAL PRACTICE, 7TH ED WITH CD	
9	COMPREHENSIVE DERMATOLOGIC DRUG	WOLVERTON
	THERAPY, 3 ED	
10	IADVL COLOR ATLAS OF DERMATOLOGY	VASUDEVAM BIJU
11	ACS(I) PROCEDURAL DERMATOLOGY: A STEP BY	VASUDEVAM BIJU
	STEP APPROACH	
12	BRENNER AND RECTOR'S THE KIDNEY, 11 E/D,	YU
	2-VOLS SET	
13	BRADLEY'S NEUROLOGICAL IN CLINICAL	DAROFF
	PRACTICE, 2-VOL SET, 7ED	
14	ACS(I) TEXTBOOK OF CUTANEOUS AND	M. VENKATARAM
	AESTHETIC SURGERY 2/ED, 2-VOL	
15	SEXUALLY TRANSMITTED DISEASES AND	SHARMA
	HIV/AIDS 2/ED	
16	BHUTANI'S COLOR ATLAS OF DERMATOLOGY	KHANNA
	6/ED	

## Dr. ARTI SAKRAL (Assistant Professor, Department of Dermatology)

## Research Publication:-

- A study of psychiatric morbidity and quality of life in patients attending a dermatology outpatient department at a tertiary care. (International Journal of Current Research)
- b) A hospital- based clinical study of cutaneous changes in overweight and obesity (International Journal of Health Sciences and Research).
- c) Primary angiosarcoma of chest wall inside out: A rare presentation. (Our Dermatol online)
- d) Noncultured epidermal-melanocyte cell suspension and dermal-fat grafting for the reconstruction of an irregular, atrophic, and depigmented forehead scar: an innovative approach. (Journal of Cosmetic Dermatology).

## **CME/Conferences:-**

- 1. 1st Cuticon J&K 2017, Annual Conference of Indian Association of Dermatologists, Venereologists & Leprologists J&K State Branch Convention Centre, Jammu.
- 2. Speaker at 2<sup>nd</sup> Cuticon J&K 2018, Annual Conference of Indian Association of Dermatologists, Venereologists & Leprologists J&K State Branch Convention Centre, Jammu.
- 3. 14<sup>th</sup> National Conference of the Association of Cutaneous Surgeons(I) at Mahabaleshwar, Maharashtra.
- 4. Speaker in CME entitled "POTPOURRI OF DERMATOLOGY" at Hotel Raddison Blu, Jammu.
- 5. 36<sup>th</sup> Cuticon (Pb. Chd. & HP Branch) & CODFI Workshop -2010, Dermatology, Venereology and Leprosy, Dr. R.P. Govt. Medical College, Kangra (Tanda), HP.
- 6. DERMACON 2020, PUNE, 48th National Conference of Indian Association.